

24/7 Confidential Helpline / Addiction Resources

<https://rehab.org/centers/virginia/>

Narcotics.com which helps people find local Narcotics Anonymous meetings and provides resources for various types of treatment including inpatient, outpatient and support groups.

Addictions.com provides info for people at any stage of their recovery journey, including info on different types of therapy/recovery options, warning signs, how to talk to a family member, definitions of different types of treatment and a local treatment center directory.