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NEWS RELEASE

February 2019 Calendar

Jan. 22, 2019 – Schedule of events for the City of Northglenn for February and early March 2019:

Senior Center: Souper Bowl Soup

Fri., Feb. 1, 12 p.m., Northglenn Senior Center, 11801 Community Center Drive

Are you ready for some football ... and a bowl of soup? Wear your favorite squad's colors while participating in football-themed events. The Northglenn Senior Organization provides the soup – you bring the side dishes and desserts. Cost is free. For people ages 55 and over. Please RSVP by Jan. 30. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 10530005

Cleo Parker Robinson Dance Ensemble

Fri., Feb. 1, 10 a.m. and 7:30 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

Based in Five Points, Cleo Parker Robinson Dance Ensemble is a Denver institution. They've served the community for 48 years, teaching generations of families the beauty, fun and healing power of dance. For the 10 a.m. show, cost is \$6. For the 7:30 p.m. performance, prices are \$14 for adults, \$12 for youth and seniors. Go to www.northglennarts.org for more information or to buy tickets.

50 Years of Photos Open House

Tues., Feb. 5, 6:30-8:30 p.m., Northglenn Senior Center, 11801 Community Center Drive

To celebrate the city's 50th anniversary, Northglenn Arts is installing a mural in the tunnel under Interstate 25 near 120th Avenue.

At this kick-off for the mural, city residents are encouraged to bring their favorite photo of Northglenn from the past. Take a printed copy, digital copy or provide the original – we'll scan it for you. Not all photos will be directly used in the mural. However, they will be source material and inspiration for the design process and possibly placed on the city's website and/or social media sites.

Also, project artist Chad Bolsinger will be on hand listening to inspiring memories of the city.

For more information, contact Michael Stricker at 303-450-8727 or mstricker@northglenn.org.

Downsizing Made Easy

Thurs., Feb. 7, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Join Senior Specialist Sandy Hewin to learn how to downsize and simplify your life for a healthier, happier you. Sponsored by Northglenn Heights Assisted Living. Cost is free. For people of all ages. Please RSVP by Feb. 5. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 10527001

Winter Bike to Work Day

Fri., Feb. 8, 6:30-9 a.m., Northglenn Recreation Center, 11801 Community Center Drive

Commuters are invited to trade their cars in for bicycles as part of the worldwide Winter Bike to Work Day. The city's Healthy Eating, Active Living (HEAL) Committee will host a station inside the rec center for riders to take a break, gather some swag, have some refreshments and possibly warm up a bit. To register for the event, go to www.winterbiketoworkday.org.

Babysitting Class

Sat., Feb. 9, 9 a.m. - 3 p.m., Northglenn Recreation Center, 11801 Community Center Drive

In this hands-on class, first-time babysitters ages 11 to 13 learn how to watch over young kids. Skills covered include CPR, first aid, growth and development, safety, feeding, discipline, diapering and bathing. Please bring a sack lunch.

Prices are \$60 for residents, \$65 for non-residents. Please RSVP by Feb. 2. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10636001

Night of the Stars Talent Show

Sat., Feb. 9, 2 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

Watch some of the most talented youth in the area as they compete in voice, music and variety categories. Winners move on to the regional grand finale in March. Cost is \$10. For more information or to purchase tickets, go to www.northglennarts.org.

Travel Film: "Wonders of the World"

Wed., Feb. 13, 10 a.m., D.L. Parsons Theatre, 11801 Community Center Drive

In 86 minutes, you'll visit 43 countries, see dozens of world-famous sites and other marvels of our incredible planet. Cost is \$7.50 for adults, \$6.50 for seniors and youth. Go to www.northglennarts.org for tickets and more information.

Recreation Public Hearing

Thurs., Feb. 14, 5:30 p.m., City Hall, 11701 Community Center Drive

Do you have any opinions or suggestions for recreational programming in the city? The Parks and Recreation Advisory Board is hosting a public hearing and would love to find out what you think. You may also go to www.northglenn.org/parksboard to submit your opinion online. For more information, call 303-280-7821.

Festive Friday: Chinese New Year – Year of the Pig

Fri., Feb. 15, 12 p.m., Northglenn Senior Center, 11801 Community Center Drive

Celebrate Chinese New Year's Day with lunch and party favors. Also, find out your Chinese Zodiac animal. For people ages 55 and over. Cost is \$12. Please register by Feb. 13. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 10530006

A Cappella Concert Series: Collide Vocals

Fri., Feb. 15, 7:30 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

Collide Vocals formed in 2017 in Fort Collins by five college-aged Colorado natives. These bright voices bring a fresh sound to the A Cappella scene, featuring tight harmonies, unique pop covers and a dynamic, youthful energy. Cost is \$12 for adults, \$10 for students and seniors. Go to www.northglennarts.org for more information or to buy tickets.

Colorado Youth Adventures: The Summit and Cupcake Wars

Mon., Feb. 18, 10:30 a.m.-4:30 p.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

Start the day off at The Summit in Thornton, where you can bowl, battle in laser tag or play arcade games. After having pizza for lunch, go to Blue Mountain Kitchen to create the perfect cupcake. For youth ages 11 to 18. Prices are \$50 for residents, \$55 for non-residents. Please RSVP by Feb. 11. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10965001

Senior Center Hoodie Hoo Day

Tues., Feb. 19, 11:45 a.m., Northglenn Senior Center, 11801 Community Center Drive

Help us chase away winter and have some silly fun with a northern hemisphere Hoodie Hoo Day potluck. Please bring a side dish or dessert. Cost is free. For people ages 55 and over. Please RSVP by Feb. 17. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 10529002

Weight Room Orientation

Fri., Feb. 22, 10:30-11:30 a.m., Northglenn Recreation Center, 11801 Community Center Drive

The weight room at the rec center offers a variety of workout equipment and resources. If you are new to the facility, this is a great place to start! Cost is free. Please RSVP by Feb. 21. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10425001

Daddy Daughter Sweetheart Ball

Sat., Feb. 23, 5:15-8:30 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Yee-haw! It's a country-western hoe-down! For this year's Daddy Daughter Sweetheart Ball, we're trading in heels for boots. The night features pony rides, games, activities, dancing, prizes and contests. Each dad and his special little filly receives a commemorative photograph and special memento. Dads, uncles and grandpas are welcome as appropriate. Attire is country-western fancy. For girls ages 5 to 13. Cost is \$60 for resident couples, \$65 for non-residents. Each additional daughter is \$25. Pre-registration is mandatory; call 303-450-8800 or stop by the rec center. The deadline to sign up is Feb. 16, but please note that this event traditionally sells out.

Senior Book Club: "The Sisters Chase"

Tues., Feb. 26, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

This gripping novel follows two sisters left homeless by their mother's death and the lengths the fierce older sister will go to protect her beloved young charge. Cost is free. For people ages 55 and over. Call 303-450-8801 or stop by the center for more information.

Festive Friday: Pig Day Potluck

Fri., March 1, 12 p.m., Northglenn Senior Center, 11801 Community Center Drive

Celebrate National Pig Day with pig races and everything bacon. Bring a potluck dish that includes bacon or pork – even dessert! Cost is free. For people ages 55 and over. Please register by Feb. 28. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. *oink. oink.* RecTrac Code: 10530007

Su Teatro Presents “Interview with a Mexican”

March 1 and 2, 7:30 p.m.; March 3, 2 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

“Interview with a Mexican” is based on conversations with Gustavo Arellano, columnist and author of “Ask a Mexican” and “Taco USA.” Adapted for the stage by Anthony J. Garcia, executive artistic director of Denver’s Su Teatro, it is a carnival of conversations and random perspectives about what it means to be a Mexican, inside or outside the United States.

For mature audiences. Cost is \$14 for adults, \$12 for students and seniors. Go to www.northglennarts.org for more information or to buy tickets.

CPR and First Aid Class

Sat., March 2, 9 a.m.-3 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Learn how to respond to medical emergencies involving children using evidenced-based treatments. This class is ideal for babysitters, child care professionals and youth sports coaches who need CPR/First Aid (re)certification. Open to ages 11 and older. Prices are \$60 for residents, \$65 for non-residents. Please RSVP by Feb. 23. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10636001

An Evening with Lt. General Laura Richardson

Mon., March 4, 6:30 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

As part of the city’s 50th Anniversary and Women’s History Month, the city presents Lt. General Laura Richardson.

As the head of the U.S. Armed Forces Command, Richardson leads the largest force in the Army. She will speak about leadership and growing up in Northglenn.

Tickets are free, but limited. Go to www.northglenn.org/richardson for more details.

Alzheimer’s-Dementia Conversations

Tues., March 5, 1:30 p.m., Northglenn Senior Center, 11801 Community Center Drive

When someone is showing signs of dementia, it’s time to talk. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are hard to discuss. Presented by the Alzheimer’s Association. Cost is free and open to all ages. Please RSVP by March 4. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 10527002

Belly Dance Introduction Class

Wed., March 6, 7-8 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Have fun learning how to belly dance from Phoenix, a nationally-known instructor. You'll work on posture, technique and developing your style as you gain flexibility and muscle control. For people ages 16 and up. Prices are \$10 for residents, \$15 for non-residents. Please RSVP by Feb. 27. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10315005

Kops vs. Kids Basketball Challenge

Fri., March 8, 6:30 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Hey kids – are you ready to take on the Police Department in a good-natured basketball game? Youth in fifth through ninth grade are invited to this positive, safe and fun experience. Hosted by the police and the Citizen's Police Academy Alumni Association of Northglenn (CPAAAN). Prices are \$5 for residents, \$6 for non-residents and \$18 for a team. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10967001

Colorado Youth Adventures: Fort Collins Circus Center

Sat., March 9, 10 a.m.-6:30 p.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

Ladies and gentlemen! For your entertainment, learn aerial technique and creative expression using the sling/hammock, silks, lyra and static trapeze. For youth ages 11 to 18. Prices are \$50 for residents, \$55 for non-residents. Please RSVP by March 2. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10965001

Fly Fishing 101

Sat., March 9 and 16, 10 a.m.-2 p.m.

Learn how to fly fish with this two-day course. The first day you learn the basics at the recreation center. On the second day take a guided fly fishing trip. Instructors provide the gear, but you must provide your own transportation. For people ages 14 and up. Prices are \$280 for residents, \$310 for non-residents. Please RSVP by March 2. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 10969001

Northglenn, Colo., is a city of 38,648 residents that is located 13 miles north of downtown Denver. In the heart of the metro area, Northglenn is a place to call home and a forward-thinking community where businesses can thrive. Learn more by visiting northglenn.org. Like us on Facebook, @cityofnorthglenn, and follow us on Twitter, @northglennco.