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## NEWS RELEASE

### October 2018 Calendar

**Sept. 25, 2018** – Schedule of events for the City of Northglenn for October and early November 2018.

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#### **Mingle with the Mayor**

*Mon., Oct. 1, 8:30 a.m., Atlanta Bread inside the Northglenn Marketplace, 104th Avenue and Interstate 25*

Have a cup of coffee with Mayor Carol Dodge and find out what's going on in Northglenn. Call 303-450-8713 for more information.

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#### **Gain Control of Your Diabetes**

*Thurs., Oct. 4, 11, 18 and 25, 5:30-7:30 p.m., Northglenn Senior Center, 11801 Community Center Drive*

Would you like to improve your A1C, increase your energy and feel better? Join the Tri-County Health Department (TCHD) for a free diabetes education class. Learn tips for healthy eating, medications, monitoring blood glucose levels, being active and more. For people ages 18 and over. Contact TCHD at 720-266-2971 or [cht@tchd.org](mailto:cht@tchd.org) for more information.

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#### **Festive Friday: Oktoberfest Potluck**

*Fri., Oct. 5, 12 p.m., Northglenn Senior Center, 11801 Community Center Drive*

In this fall tradition, the Northglenn Senior Organization provides the brats and sauerkraut while you bring along a side dish or dessert. This free event is for people ages 55 and over. Please RSVP by Oct. 3. Call 303-450-8801 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to sign up. RecTrac Code: 30530004

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#### **Denver Municipal Band – American Music Traditions**

*Fri., Oct. 5, 7:30 p.m., D.L. Parsons Theatre, 11801 Community Center Drive*

The Denver Municipal Band and the Mountain Range High School Chamber Choir present this free concert, "American Music Traditions." Go to [www.northglennarts.org](http://www.northglennarts.org) for more information or to reserve your tickets.

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#### **Elevation Youth Basketball Camp**

*Sat., Oct. 6, 9 a.m.-12 p.m., Northglenn Recreation Center, 11801 Community Center Drive*

Challenge the way you think about practice, development and basketball camp. Young athletes ages 7 to 14 will perform the same dynamic and cutting-edge drills used by NCAA and high school players. However, they'll be broken down so participants gain the maximum benefit. For more information go to [www.eygball.com](http://www.eygball.com). Cost is \$25 for residents, \$30 for non-residents. Call 303-450-8800 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to sign up. RecTrac Code: 30855003

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## Healthy Living Series: Senior Reach

*Mon., Oct. 8 and Nov. 5, 1-3 p.m., Northglenn Senior Center, 11801 Community Center Drive*

Representatives from the Senior Reach Center will discuss health issues, suicide prevention, de-cluttering, recognizing signs of hoarding and more. This free two-part series is open to all ages. Please RSVP by Oct. 4 for the first class, Nov. 1 for the second. Call 303-450-8801 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to sign up. RecTrac Code: 30527002

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## Senior Casino Trip

*Wed., Oct. 10, 9 a.m.-3 p.m., meet at the Northglenn Senior Center, 11801 Community Center Drive*

Roll on up to Golden Mardi Gras Casino in Blackhawk. Players receive a \$10 food coupon, \$5 in quick play and lucky Mardi Gras beads. Participation at the Mardi Gras Casino is mandatory. For people ages 55 and over. Cost is \$8. Please RSVP by Oct. 8. Stop by the center, call 303-450-8801 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to register. RecTrac Code: 30528002

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## Kutandara

*Fri., Oct. 12, 7 p.m., D.L. Parsons Theatre, 11801 Community Center Drive*

As part of the Celebrate Culture Performance Series, Kutandara fuses ancient African music traditions with Latin, jazz, gospel, classical, and world folk influences. Their exuberant and hi-energy polyrhythmic performances manage to be innovative and deeply-rooted at the same time. Cost is \$12 for adults, \$10 for students and seniors. Go to [www.northglennarts.org](http://www.northglennarts.org) for more information or to buy tickets.

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## Free Landfill Day

*Sat., Oct. 13, 7 a.m.-2 p.m., Tower Road Landfill, 88th Avenue, just east of Tower Road, Commerce City*

Northglenn residents – this is your free chance to dispose of items that are too large to fit in your trash cart!

Rules include:

- Only one load per residence.
- All loads must be covered.
- Proof of residency such as a driver's license or a current utility bill with picture ID is required.
- Mattresses and box springs cost \$30 each to drop off.
- People bringing a pickup truck or trailer face a gate charge plus taxes and fees if they have more than five cubic yards of materials.
- A safety vest must be worn when unloading. They are provided at the landfill entrance.

Electronics, tires, car batteries, appliances with Freon, fluorescent bulbs and hazardous liquids or materials are NOT accepted. Call 303-450-4004 weekdays, 7 a.m.-3:30 p.m., for help with these items or for more about free landfill day.

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## CPR and First Aid Class

*Sat., Oct. 13, 9 a.m.-3 p.m., Northglenn Recreation Center, 11801 Community Center Drive*

Learn how to respond to medical emergencies involving children while earning your CPR/First Aid (re)certification. This class is ideal for experienced babysitters, child care professionals and youth sports coaches. This course is based on the 2015 CPR and First Aid Guidelines, Caring for Our Children and other evidence-based treatment recommendations. Prices are \$55 for residents, \$60 for non-residents. Please RSVP by Oct. 8. Call 303-450-8800 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to register. RecTrac Code: 30636001

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### **Medicare Monday**

*Mon., Oct. 15, 9:30-11:30 a.m., Northglenn Senior Center, 11801 Community Center Drive*

Enrolling in Medicare and keeping up with changing policies and guidelines can seem overwhelming. For guidance through the process, join the Colorado Gerontological Society to learn about changes for 2019 and how they may affect you and your health in the coming year. Cost is free and open to all adults. Please register by Oct. 12. Call 303-450-8801 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to sign up. RecTrac Code: 30527001

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### **Zoning Code Update Public Meeting**

*Wed., Oct. 17, 2-4 p.m. and 6-8 p.m., Northglenn Justice Center, 50 W. Community Center Drive*

The city is nearing the final stages of New Code Northglenn, which will unify and reorganize all of the pieces of Northglenn's Zoning Code. A consolidated draft of the new Zoning Code and subdivision regulations has been put together and is available now at [www.newcodenorthglenn.org](http://www.newcodenorthglenn.org) for review by the public. The city will be hosting two meetings in one day to provide information about the process, the document and how it affects landowners in Northglenn. If you have any questions, or comments, please e-mail [newcode@northglenn.org](mailto:newcode@northglenn.org) or call 303-450-8739.

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### **Senior Center Pie Bake Off**

*Fri., Oct. 19, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive*

Who will be the queen or king of pies this year? Do you have what it takes to wear the crown? Enter your homemade pie for a chance to win prizes. After judging, we'll sample all the entries. Cost is free if you bring a pie, \$3 if you don't. For people ages 55 and over. Please RSVP by Oct. 17. Call 303-450-8801 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to sign up. RecTrac Code: 30530003

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### **Babysitting Class**

*Sat., Oct. 20, 9 a.m. - 3 p.m., Northglenn Recreation Center, 11801 Community Center Drive*

First-time babysitters ages 11 to 13 will learn what they need to know when watching young kids. Skills covered include CPR, first aid, growth and development, safety, feeding, discipline, diapering and bathing. Please bring a sack lunch. Prices are \$55 for residents, \$60 for non-residents. Please RSVP by Oct. 15. Call 303-450-8800 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to register. RecTrac Code: 30636001

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### **Colorado Youth Adventures: Haunted Field of Screams**

*Sat., Oct. 20, 6-10 p.m., Northglenn Recreation Center, 11801 Community Center Drive*

Join us for a frighteningly good time as we head out to the Haunted Field of Screams for a night of three scary areas. Colorado Youth Adventures are for youth ages 11 to 18. Prices are \$92 for residents, \$101 for non-residents. Please RSVP by Oct. 13. Call 303-450-8800 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to register. RecTrac Code: 30965001

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## **Senior Book Club: “The Life We Bury”**

*Tues., Oct. 23, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive*

College student Joe Talbert needs to complete a writing assignment for an English class. His task is to interview a stranger and write a brief biography of the person. Joe heads to a nearby nursing home to find a willing subject. There he meets Carl Iverson, a dying Vietnam veteran - and a convicted murderer. Cost is free. For people ages 55 and over. Call 303-450-8801 or stop by the center to reserve a copy.

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## **Travel Film: Red Rock Country**

*Wed., Oct. 24, 10 a.m., D.L. Parsons Theatre, 11801 Community Center Drive*

From Colorado’s Mesa Verde to Nevada’s Lost City, the Colorado Plateau is the heartland of more national parks than anywhere else in the world. Come see the spectacular colors of Red Rock Country captured in HD, featuring a geologic rainbow of blue, purple and yellow strata shaped by erosion into countless textures and forms. Cost is \$7.50 for adults, \$6.50 for seniors and youth. Go to [www.northglennarts.org](http://www.northglennarts.org) for tickets and more information.

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## **Save-A-Lot Meeting**

*Thurs., Oct. 25, 6 p.m., Northglenn Justice Center, 50 W. Community Center Drive*

Save-A-Lot is excited to come to town as they plan a late 2018 opening. Residents are invited to a community meeting to learn more about this Colorado-based, employee-owned company and discuss what products and services they want at the store. Child care will be provided.

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## **Grupo Tlaloc Danza Azteca**

*Fri., Oct. 26, 7 p.m., D.L. Parsons Theatre, 11801 Community Center Drive*

Continuing the Celebrate Culture Performance Series, Denver-based GRUPO TLALOC Danza Azteca is a traditional Mexica/Azteca group embodied of Chicano/Mexicano families and students of all ages dedicated to preserving and nourishing the ancient knowledge of their ancestors. They have pledged to uphold and walk a spiritual way of life and have committed themselves to help educate the public’s view of the Aztec culture. Cost is \$12 for adults, \$10 for students and seniors. Go to [www.northglennarts.org](http://www.northglennarts.org) for more information or to buy tickets.

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## **Safe Street Halloween**

*Sat., Oct. 27, 5:30-8:30 p.m., Northglenn High School, 601 W. 100th Place*

Northglenn’s safest and scariest event is back with Safe Street Halloween.

Costume-clad youngsters and their families travel throughout Northglenn High School, receiving candy, frights and delights. The school is transformed, featuring a haunted gym, scary hallway and arachnophobia corner!

Don’t worry – there’s plenty of not-so-scary fun for the youngsters as well, including decorated classrooms, cookie decorating, contests and trunk-or-treat.

And since “All Hallow’s Eve has become a night of frolic, where children wear costumes and run amok,” the evening’s theme is the movie “Hocus Pocus.” Amok! Amok! Amok! Amok!

The city is accepting candy donations at City Hall, the Northglenn Recreation Center and the Northglenn Justice Center.

For more information, go to [www.northglenn.org/halloween](http://www.northglenn.org/halloween).

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### **Senior Center: Dia De Los Muertos**

*Fri., Nov. 2, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive*

Celebrate the Dia De Los Muertos – the Day of the Dead – with sugar skulls and more. Price is free. For people ages 55 and over. Please RSVP by Oct. 31. Call 303-450-8801 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to sign up. RecTrac Code: 30530006

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### **At Home Alone + First Aid**

*Sat., Nov. 3, 9 a.m.-1 p.m., Northglenn Recreation Center, 11801 Community Center Drive*

Youth ages 10 to 13 can learn how to stay safe when they're home alone through interactive lessons, role play, hands-on training and first aid instruction. Prices are \$35 for residents and \$38 for non-residents. Please register by Oct. 30. Call 303-450-8800 or go to [www.northglenn.org/playnorthglenn](http://www.northglenn.org/playnorthglenn) to register. RecTrac Code: 30636001

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*Northglenn, Colo., is a city of 38,648 residents that is located 13 miles north of downtown Denver. In the heart of the metro area, Northglenn is a place to call home and a forward-thinking community where businesses can thrive. Learn more by visiting [northglenn.org](http://northglenn.org). Like us on Facebook, @cityofnorthglenn, and follow us on Twitter, @northglennco.*