

NORTHGLENN RECREATION CENTER LAP SWIM SCHEDULE

LAP SWIM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	LAP SWIM 5AM-1PM	LAP SWIM 5-8AM	LAP SWIM 5AM-1PM	LAP SWIM 5-8AM	LAP SWIM 5AM-1PM		
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM		LAP SWIM 9:15AM-1PM		LAP SWIM 9:15AM-1PM			
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM	LAP SWIM 4-5PM	LAP SWIM 4-5PM	LAP SWIM 4-5PM	LAP SWIM 4-5PM	LAP SWIM 4-5PM		
5:00 PM	LAP SWIM** 5-6PM	LAP SWIM** 5-6PM	LAP SWIM** 5-6PM	LAP SWIM** 5-6PM	LAP SWIM** 5-6PM		
6:00 PM							
7:00 PM							
8:00 PM	LAP SWIM** 8-9PM	LAP SWIM** 8-9PM	LAP SWIM** 8-9PM	LAP SWIM** 8-9PM	LAP SWIM** 8-9PM		

**** 2 Lap Lanes Available (Swim Team Practice or Swim Lessons Taking Place)**

Northglenn Recreation Center
1 E. Memorial Parkway
Northglenn, CO 80233
(303) 450-8800