



NEWS RELEASE

For Immediate Release
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City of Northglenn Calendar of Events

Northglenn, CO – City of Northglenn events for January and early February 2017.

School's Out Specials: Jump City and "Sing"

Mon., Jan. 2, 9 a.m.-4 p.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

Bounce into the new year at Jump City, with its tons of activities, including trampolines, rock climbing and a mechanical bull. Follow that up by catching the new animated film *Sing*. For youth in fifth through ninth grades. Cost is \$35 for residents, \$40 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 25615

New Year, New You

Fri., Jan. 6, noon, Northglenn Senior Center, 11801 Community Center Drive

Get a healthy start to 2017! Learn about resources to help you achieve your New Year's resolutions, including the center's new fitness class, BOOM™. You don't need to RSVP – just stop by. For people ages 55 and over. Call 303-450-8801 or come by the center for more information.

Babysitting Class

Sat., Jan. 7, 9 a.m.-3 p.m., Northglenn Recreation Center, 11801 Community Center Drive

First-time babysitters ages 11 to 13 will learn the skills necessary to watch over young children. Topics covered include CPR, first aid, growth and development, safety, feeding, discipline, diapering and bathing. Participants earn a CPR/First Aid certificate upon completion. Please bring a sack lunch. Cost is \$55 for residents, \$60 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 25594

Coffee with the Mayor: Back to School Edition

Mon., Jan. 9, 8:30 a.m., Northglenn High School, 601 W. 100th Place

We're kicking off 2017 with a special Coffee with the Mayor hosted by Northglenn High School (NHS). Mayor Joyce Downing will answer any questions you have and tell you what's new in Northglenn. Adams 12 Five Star Schools Superintendent Chris Gdowski and Board President Kathy Plomer will be on hand to discuss what's going on in Northglenn schools. NHS culinary students will provide the coffee. Guests are invited to park in the lot off of Huron Street and use the STEM entrance. For more information call 303-450-8713.

Northwest Open Space Open House

Wed., Jan. 11, 5:30-7:30 p.m., Northglenn Senior Center, 11801 Community Center Drive

The city is holding the first of three open houses to discuss future plans for Northwest Open Space. City residents, athletic teams and other interested users are welcome to come discuss needs for the space and to give feedback on a few initial concept designs. Please stop in at any time during the open house! For more information, contact Dana Kester at 303-450-8838 or dkester@northglenn.org.

Auditioning 101 Class

Sun., Jan. 15, 2-3:30 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

This workshop is great for the first-time auditioner! We will cover the bare basics of what to expect, how to prepare and also give some tips to help young actors ages 6 to 10 present themselves in the best light. Cost is \$25. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 25735

SNÖBAHN Indoor Ski + Snowboard Center

Mon., Jan. 16, 9:30 a.m.-3 p.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

On Martin Luther King Jr. Day, kids ages 11 to 18 can spend the morning at Denver's newest indoor sports venue – SNÖBAHN. Each youth will get at least a 30-minute lesson with time to practice and 30 minutes on the snow tubing hill. Please pack a sack lunch. This trip is offered as part of the Colorado Youth Adventures program. Cost is \$45 for residents, \$50 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 25611

Pain-Free Posture

Mon., Jan. 16, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Stasia Humphrey with Pain Free Clinic will discuss how a good posture can help alleviate pain. Cost is free. For people of all ages. Please RSVP by Jan. 13 at 303-450-8801 or stop by the center.

Sticky Fingers Cooking Class for Kids

Mon., Jan. 16, 5-6 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Let your child release their inner chef!

Students will prepare and eat healthy, global-inspired recipes while learning to cook in a fun, engaging and real world way! They'll create a full recipe in each class they attend. The Sticky Fingers Cooking chefs teach cooking terminology and how to use cooking utensils while dishing out fun nutrition facts (and even a few bad jokes). Your kids, ages 6 and up, will have a blast every week discovering how easy and fun it is to cook healthy and tasty recipes!

Cost is \$21 for residents, \$23 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 25627

Travel Film: National Parks

Wed., Jan. 18, 10:30 a.m., D.L. Parsons Theatre, 11801 Community Center Drive

This film will explore the efforts of Theodore Roosevelt and others in creating the country's national parks. In the process, be captivated by the Grand Tetons, Yellowstone, the Canyonlands, the Grand Canyon, Crater Lake, Mount Rainier, Yosemite, the Hawaiian Islands and more. Cost is \$7.50 for adults, \$6.50 for youth and seniors. Call 303-450-8800 for more information.

Senior Chili Cook-Off Potluck

Fri., Jan. 20, noon, Northglenn Senior Center, 11801 Community Center Drive

Think you make the best chili? Enter it in the Northglenn Senior Organization's 12th Annual Chili Cook-Off! Red and green chili are judged in separate categories. Bring your chili entry or a complementary side dish for this potluck. A sign-up list is available at the center. Cost is free. For people ages 55 and over. Please RSVP by Jan. 17 at the center or by calling 303-450-8801.

A Cappella Series – Motive

Fri., Jan. 20, 7 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

Motive is an extraordinary vocal band of seven singers who create a big sound using only the human voice. The members of the group make up a diverse set of musical talent but come together to create a tight harmonic sound that blends as if one person were singing. Cost is \$10 for adults, \$8 for youth and seniors. Call 303-450-8800 for ticket information.

Stay Safe from Scams

Mon., Jan. 23, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Find out from the Northglenn Police Department about the latest scams and things to avoid. Afterward, they'll answer any questions you may have. Cost is free and is open to people of all ages.

Youth Auditions: "Rumpelstiltskin"

Mon., Jan. 23, D.L. Parsons Theatre, 11801 Community Center Drive

Check-in: 3-3:55 p.m. | Auditions: 4-6 p.m.

The Missoula Children's Theatre is holding auditions for youth ages 6 to 18 for a new, original musical adaptation of *Rumpelstiltskin*. Approximately 60 roles are available. In order to audition, you must be available to attend all rehearsals, which run Jan. 23 through 27. No prepared materials are necessary. Cost is \$60, payable only if cast. Two performances on Jan. 28. Call 303-450-8800 for more information.

Senior Book Club: "A Man Called Ove"

Tues., Jan. 24, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Meet Ove. He's a curmudgeon—the kind of man who points at people he dislikes as if they were burglars caught outside his bedroom window. He has staunch principles, strict routines and a short fuse. But must Ove be bitter just because he doesn't walk around with a smile plastered to his face all the time? Behind the cranky exterior there is a story and a sadness. Call 303-450-8801 or stop by the center to reserve a copy. For people ages 55 and over.

Wilderness and Remote First Aid & CPR

Sat., Jan. 28, 9 a.m.-5:30 p.m., Northglenn Recreation Center, 11801 Community Center Drive

What if someone sustained an injury in a remote area with no cell phone coverage? What would you do? Learn about first aid practices and other life-saving measures:

- Making a stretcher
- CPR
- Helping a choking victim
- Creating tourniquets

- EpiPen application
- Triage techniques

The class meets OSHA and Colorado Fish and Wildlife Division requirements. Open to people ages 14 and up. For more information, contact instructor and EMT Wayne Smart at faroutfa@gmail.com.

Cost is \$69 for residents, \$76 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 25733

“Rumpelstiltskin”

Sat., Jan. 28, 3 and 7 p.m., D.L. Parsons Theatre, 11801 Community Center Drive

The Missoula Children’s Theatre presents *Rumpelstiltskin*, an original adaptation of the classic children's story. A strange little gnome appears from here, there and everywhere. He will spin your straw into gold...for a price. If his price is too steep, you must guess his name...RUMPELSTILTSKIN! Join in the fun of Festival Time and help Clara guess the mischievous little gnome's name. This heart-warming tale of mischief and friendship answers more questions than just “What is that little man’s name?” Cost is \$10 for adults, \$8 for youth and seniors. Call 303-450-8800 for ticket information.

Night of the Stars Talent Show Auditions

Mon., Jan. 30, D.L. Parsons Theatre, 11801 Community Center Drive

Here’s your chance to show off your amazing talents and compete against youth from the metro area. Both individuals and groups (no more than four participants) are welcome to audition.

This popular competition is broken into the following categories:

- Voice - includes singers performing to a recorded track
- Music - includes any instrument and/or combination of instrument and voice
- Variety - any performance-based piece such as dance, juggling, magic, ventriloquism, drama, etc. (no instruments)

Prizes will be awarded in the following grade groups:

- K-2nd
- 3rd-5th
- 6th-8th
- 9th-12th

If selected for the talent show, contestants must pay a \$6 fee. All performers must attend the auditions, dress rehearsal and final show.

The top three finalists in each age group win an award. The victor in each category will move on to compete in the Regional Grand Finale against winners from the metro area!

To schedule your appointment, go to www.northglenn.org/talentshow.

For more details contact Kimberly Jongejan at 303-450-8785 or kjongejan@northglenn.org or go to www.northglenn.org/talentshow.

Senior Center Souper Bowl Lunch

Fri., Feb. 3, noon, Northglenn Senior Center, 11801 Community Center Drive

Are you ready for some football ... and a bowl of soup? Show your team spirit by wearing your favorite team's colors while participating in football-themed events. The Northglenn Senior Organization will provide the soup – you bring the side dishes and desserts. Cost is free. For people ages 55 and over. Please RSVP at the center or by calling 303-450-8801 by Feb. 1.

CPR and First Aid Class

Sat., Feb. 4, 9 a.m.-3 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Learn how to respond to medical emergencies involving children while earning your CPR/First Aid (re)certification. Ideal for experienced babysitters, child care professionals and youth sports coaches, this course is based on evidence-based treatment recommendations. Cost is \$55 for residents, \$60 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 25599

Youth Auditions: “Into the Woods”

Feb. 5-7, D.L. Parsons Theatre, 11801 Community Center Drive

Youth ages 11 to 18 are invited to audition for the Northglenn Youth Theatre’s production of *Into the Woods*. Approximately 20 roles are available.

Those auditioning should have the following prepared:

- 32 bars from a contemporary musical. Bring sheet music; an accompanist is provided. No a cappella or background tracks accepted.
- Current headshot
- Current résumé

Callbacks are on Feb. 8. Cost is \$125, payable only if cast.

Auditions are by appointment only. Visit northglenn.org/auditions or e-mail nyt@northglenn.org to schedule an appointment.

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For more information about the city’s services and offerings, visit www.northglenn.org and follow us on Twitter and Facebook.