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## NEWS RELEASE

### **Volunteer for Community Gardens in Northglenn**

Located at Stonehocker Farmhouse, Crossroads Senior Living

April 6, 2017 – Did you know that in 2016 the Adams Community Gardens CO-OP donated 5.5 tons of produce to area food banks? That's between 50-65 percent of what is grown.

There are two community gardens in Northglenn. One is at Stonehocker Farmhouse, 10950 Fox Run Parkway, and the other at Crossroads Senior Living, 451 Malley Drive.

Get involved by becoming a volunteer. You'll help plant and tend to the garden over the summer and take home some of the produce. Tools are provided, although bringing your own gloves is a good idea, and the water is paid for by the sponsoring organization. No experience is necessary, just a desire to garden and be a part of a good community project.

In addition to information from the CSU Extension there is a lead gardener for each garden to help guide the process.

There are no age limits, although minors must be accompanied by an adult. Last year one garden had a volunteer who was 93 and another who was just 3 years old.

If you're looking for a volunteer activity for a group, a family or yourself, this is it! For more information or to volunteer contact Tom Rapp at [trapp@seniorhub.org](mailto:trapp@seniorhub.org) or 303-955-6609.

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*Northglenn, Colo., is a city of 38,648 residents that is located 13 miles north of downtown Denver. In 2016, Northglenn zip code 80233 was named the third-hottest real estate market in the nation by realtor.com. In the heart of the metro area, Northglenn is a place to call home and a forward-thinking community where businesses can thrive. Learn more by visiting [northglenn.org](http://northglenn.org). Like us on Facebook, @cityofnorthglenn, and follow us on Twitter, @northglennco.*