

**TIM GREIMEL**  
Mayor

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## **FREE HEALTH & WELLNESS FAIR PROVIDES PONTIAC RESIDENTS WITH ACCESS TO IMPORTANT HEALTH INFO, SCREENINGS**

PONTIAC (March 29, 2023) – Pontiac City Council and Mayor Tim Greimel have teamed up to present a *free Pontiac Health and Wellness Fair* to help citizens—particularly seniors—gain access to important health screenings and medical experts. The health event, the first for the city’s new administration, brings together more than 17 community partners representing medical, non-profit, government and public service agencies and emphasizes the city’s dedication to the area’s senior population.

*“This is an amazing example of community stakeholders and health providers coming together to offer life-saving resources for Pontiac residents,” said Mike McGuinness, City Council President. “I urge everyone to take advantage of this opportunity, and join in on the fun as we come together as a community. Tell your neighbors, tell your family, tell the person standing next to you in line at the Post Office—we all need to come out to the Health & Wellness Fair. I look forward to seeing you there!”*

Pontiac resident Debra Adams has been looking forward to the fair for weeks. As caregiver to a senior, Adams is hoping to receive valuable health tips and screenings for herself and her beloved family friend.

*“It’s really important in the African American community to see what type of doctors, services and resources we can use for ourselves and to also make referrals to others,” said Debra Adams.*

Attendees like Adams and her friend will be able to:

- receive free health screenings and needed vaccinations
- learn Stop-The-Bleed techniques, CPR and AED education
- attend talks on harm reduction methods including NARCAN®
- talk with health care providers in the areas of primary care and mental health
- listen to panel discussions led by healthcare professionals from McLaren Oakland

*“Not only are we here to provide for the men, women and children of Oakland County in what may be a fearful time for them, when they’re experiencing a health issue,” said Tracey Franovich, President and*

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*CEO of McLaren Oakland, “but we also consider it part of our role and responsibility to tend to and maintain the wellbeing of our community. Providing access to care and healthcare professionals with this level of experience and knowledge is a worthy undertaking and one we’re willing and proud to commit to.”*

*“The most valuable asset of any community is its people, and we are so grateful to McLaren Oakland for investing in the health and wellness of Pontiac’s residents,” said **Tim Greimel, Mayor.***

Many of the community partners involved with the event—**United Wholesale Mortgage, CNS Healthcare, Pontiac Community Foundation, Centro Multicultural La Familia, Oakland County,** and so many others—serve citizens and seniors in Pontiac and across the county. **City Council Community Outreach Specialist Darryl Earl** began planning the Pontiac Health & Wellness Fair in January and it is envisioned that it will become an annual event.

*“Oakland County is dedicated to providing access to affordable, quality health care for our residents. That is why we are collaborating with our friends at the City of Pontiac and McLaren Oakland to make health care professionals and resources available to Pontiac residents for free health screenings,” said **Oakland County Executive Dave Coulter.***

Shuttle transportation for the day is being provided by **M1 Mobility**, which will make rounds to and from the venue at regularly-timed intervals, which Adams says is greatly appreciated.

*“I figured we would shuttle over, participate, have lunch and come back. That way I don’t have to worry about driving over and dealing with parking,” said Adams.*

**Pontiac Meals on Wheels** will also provide free boxed lunches on a first-come, first-served basis (while supplies last). In addition to the sponsors previously mentioned, attached is a list of community partners providing services and financial support.

Media, we invite you to share this information with your audiences and also cover the free Health & Wellness Fair on Friday.

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# FREE PONTIAC HEALTH & WELLNESS FAIR

HOSTED BY McLAREN OAKLAND IN PARTNERSHIP WITH  
THE CITY OF PONTIAC & OAKLAND COUNTY

## THANK YOU TO OUR COMMUNITY PARTNERS!

