

February 2022 Bowens Senior Center

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
			31		1		3		3		4		5
				Golden Opportunity Club 10am-12pm Pontiac Historical update 11am		exercise, cards, dominos, chess and exercise with Amanda 10:30-12:30		A Raisin in the Sun movie and discussion 1pm RSVP 248-758-3238		exercise, cards, dominos, chess and exercise with Amanda 10:30-12:30			
	6		7		8		9		10		11		12
		Exercise with Amanda 10:30am-12:30pm cards, dominos, billards and chess		Golden Opportunity Club 10am-12pm Black History lecture 11am Part 1		exercise, cards, dominos, chess and exercise with Amanda 10:30-12:30		Healthy Soul food class and discussion 1pm RSVP 248-758-3238		exercise, cards, dominos, chess and exercise with Amanda 10:30-12:30			
	13		14		15		16		17		18		19
		Exercise with Amanda 10:30am-12:30pm cards, dominos, billards, and chess		Golden Opportunity 10am Pontiac Library Black History update		exercise, cards, dominos, chess and exercise with Amanda 10:30-12:30		42 The Jackie Robinson story movie and discussion 1pm RSVP 248-7583238		exercise, cards, dominos, chess, exercise with Amanda Red Hatters			
	20		21		22		23		24		25		26
		Exercise with Amanda 10:30am-12:30pm cards, dominos, and chess		Golden Opportunity 10am Black History Lecture 11am Part 2		exercise, cards, dominos, chess and exercise with Amanda 10:30-12:30		Book discussion The Other Black Girl 12pm RSVP 248-758-3238		exercise, cards, dominos, chess and exercise with Amanda 10:30-12:30			
	27		28										
		Exercise with Amanda 10:30am-12:30pm cards, dominos, billards, and chess											