

SAGINAW TOWNSHIP RECREATION

COED VOLLEYBALL

RULES

TEAM

Maximum of six (6), minimum of four (4) players on the court at one time of which half must be male and half female.

FORFEIT - Teams must have 4 players on the court 5 minutes after game time or forfeit results. Five minutes thereafter for each game.

ALL PLAYERS MUST BE ON THE TEAM ROSTER AND ENTRY FEES PAID BEFORE PARTICIPATING.

All players are required to have a driver's license at all games in case there is a question about a player(s) eligibility. All questions concerning ineligible players need to be brought to the referee's attention to determine proper eligibility. All questionable players will be asked for I.D. and sign their name on the back of the official scoresheet.

FEE REFUND POLICY:

Team registration fees will be refunded in full provided request for refund is filed at least **one week prior** to the official closing date of registration. Request for refund filed in the **last week of registration** will result in forfeiture of 25% of team fee. Requests for refund filed **after schedules are drawn or league season begins** will result in 100% forfeiture of team fee.

PLAYER ELIGIBILITY

Players must be at least 18 years of age by the first game of the season to be eligible. Only eligible players may play. Players on high school or college teams are not eligible.

PLAYING RULES

All games will be played under the official rules as adopted by the U.S.V.B.A. except where modified.

HONOR SYSTEM

Teams and/or players are to adhere to the honor system when referee cannot see play. This means telling what the outcome of play is. I.E. net violations, holding the ball, double hits, and whether the ball was in or out. If an agreement cannot be made, ball is reserved.

EQUIPMENT AND UNIFORM

Players must wear soft-soled shoes. No gloves are allowed. Tape may be used to protect an injury. Not metal splints. Uniform dress is suggested but not required.

SCORING

Win and Loss records will be kept by matches. There will be 3 games per match if time permits (45 minutes). The first two games will be rally scoring to 21 points (win by two) cap at 23 points. The third game will be rally to 15 points (cap at 17). **Rally Scoring:** is where the team winning the rally scores a point, regardless of who served.

TIME-OUTS

Each team is allowed **one** 30 second time-out per game.

FLIP OF COIN

Teams flip coin before first game for choice of (1) serving first, or (2) choice of court. Teams switch sides of court after every game.

ROTATION

Teams must follow a set order of rotation, with men substituting for men and women for women.

SPIKING

Girls can spike from anywhere, Men have to start behind the 10 foot line.

BLOCKING OR ATTACKING THE SERVE

No player may block or attack a served ball while the ball is above the height of the net. Such contact causes the ball to become dead immediately and a point is awarded. You can attack a served ball only after some part of the ball is below the top of the net.

SERVING

The order of serving must be an alternation of men and women.

HELPS

No help is allowed on the womans serve.

PLAYING THE BALL

After the serve, the ball must be hit **at least once** by a woman on each side of the net. An exception is when blocking. Side out or loss of point will result in violation of this rule. There is no requirement for a male player to contact the ball, regardless of the number of contacts by a team.

In either division if there are two females and one male player in the front row, one male backline player may be forward of the attack line for blocking purposes. No offensive action may be taken by said player.

SPORTSMANSHIP

Players must show good sportsmanship before, during and after matches. Abusive language will not be tolerated. Threat or acts or misconduct may result in suspension.

Final decisions on **all** matters will be done by the Saginaw Township Recreation Department.