

# SAGINAW TOWNSHIP RECREATION

## WOMEN'S POWER VOLLEYBALL RULES

### TEAM

**Power:** Minimum Four (4) - Maximum Six (6) players on the court at a time.

### FORFEIT

Teams must have at least 4 players on the court 5 minutes after game time or forfeit results. Five minutes thereafter for each game.

ALL PLAYERS MUST BE ON THE TEAM ROSTER AND ENTRY FEES PAID BEFORE PARTICIPATING.

All players are required to have a driver's license at all games in case there is a question about a player(s) eligibility. All questions concerning ineligible players need to be brought to the referee's attention to determine proper eligibility. All questionable players will be asked for I.D. and sign their name on the back of the official scoresheet.

### FEE REFUND POLICY:

Team registration fees will be refunded in full provided request for refund is filed at least **one week prior** to the official closing date of registration. Request for refund filed in the **last week of registration** will result in forfeiture of 25% of team fee. Requests for refund filed **after schedules are drawn or league season begins** will result in 100% forfeiture of team fee.

### PLAYER ELIGIBILITY

Players must be at least 18 years of age by the first game of the season to be eligible. Only eligible players may play. Players on high school or college teams are not eligible.

### PLAYING RULES

All games will be played under the official rules as adopted by the U.S.V.B.A. except where modified.

1. Since there is only one referee, players are expected to call infractions they commit which the referee misses. I.E. net violations, holding the ball, double hits, and whether the ball was in or out.
2. According to U.S.V.B.A. rules, the referee's decision based on judgment are not subject to protest. However, if the referee is in doubt, it is within their authority to call a play and replay the point.

### COIN FLIP

Teams flip coin before first game for choice of (1) serving first, or (2) choice of court. Teams switch sides of court after every game. A second coin flip will take place to decide who serves first in the third game.

## **SCORING**

Win and Loss records will be kept by matches. There will be 3 games per match if time permits (45 minutes). The first two games will be rally scoring to 21 points (win by two) cap at 23 points. The third game will be rally to 15 points (cap at 17). **Rally Scoring:** is where the team winning the rally scores a point, regardless of who served.

## **BLOCKING OR ATTACKING THE SERVE**

No player may block or attack a served ball while the ball is above the height of the net. Such contact causes the ball to become dead immediately and a point is awarded. You can attack a served ball only after some part of the ball is below the top of the net.

## **EQUIPMENT AND UNIFORM**

Players must wear soft-soled shoes. No gloves are allowed. Tape may be used to protect an injury. Not metal splints, even if padded. Uniform dress is suggested but not required.

## **TIME-OUTS**

Each team is allowed **two** 30 second time-out per game.

## **PLAYING THE BALL**

Ball must not come to rest, even momentarily. It may not be pushed or thrown. Contact with the ball with any part of the body is legal! Ball may be contacted no more than 3 times by a team before it is sent back over the net.

If one or more players is/are attempting to block and contacts the ball, player or players are eligible to participate in the next play.

Ceiling: A ball other than a serve may hit the ceiling and be played by the team that caused the ball to hit the ceiling as long as the ball remained entirely on their side of the floor, and they have not used their three hits.

**Service tossing error rule** - This means the server will only have **one toss** of the ball to execute the service. Allowing the ball to fall to the floor after tossing, whether it was touched by the server or not will result in an illegal service and loss of the rally.

Final decisions on all matters concerning the volleyball league shall be made by Saginaw Township Parks and Recreation.