

WALLA WALLA COUNTY DEPARTMENT OF COMMUNITY HEALTH

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FOR IMMEDIATE RELEASE

West Nile Virus Found in Two More Mosquitoes in Walla Walla County

WALLA WALLA, WA – Walla Walla Department of Community Health (DCH) was notified that West Nile virus has been detected in two additional mosquitoes in the Burbank area of Walla Walla County.

While mosquitoes infected with West Nile virus can spread the infection to humans, most people infected with the virus do not get sick. About one in five will develop a fever or other symptoms that go away without medical treatment. Last year, two people in Washington were reported to have become infected with West Nile virus.

For a small number of people, infection with West Nile virus can lead to permanent neurologic effects or death. People over age 60 and those with certain medical conditions are most at risk of severe disease. DCH reminds residents to avoid areas that may attract mosquitoes and eliminate standing water where mosquitoes may breed. People can take simple <u>precautions</u> to protect themselves against mosquito bites.

- Use an effective, <u>EPA-registered</u> insect repellent.
- Wear long sleeves, long pants, and socks when outdoors.
- Limit time outside from dusk to dawn when mosquitoes are most active.
- Mosquito-proof your home by installing or repairing screens on windows and doors to keep mosquitos outside.
- Eliminate mosquito-breeding areas by disposing of standing water from flowerpots, gutters, buckets, pool covers, pet water dishes, discarded tires, and birdbaths.

Before traveling, learn about the risks of mosquito-borne disease at <u>your destination</u>. The Washington State Department of Health website is a great source of information.

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